

Better is One Handful

Sermon Series: Better

Ecclesiastes 4:4-6

Let go of the good to grab hold of the better

IT IS BETTER TO HAVE LESS OF WHAT DOESN'T MATTER AND MORE OF WHAT DOES.

✓ Define What Does Matter Most:

- 1.
- 2.
- 3.

ONE HANDFUL LIVING

Breaking the Principle Down...

❶ LET GO OF WHAT DOESN'T MATTER.

(Hebrews 12:1-3)

- ✓ Cut Back
- ✓ Throw Out
- ✓ Turn Off

❷ FIGHT FOR WHAT DOES MATTER.

(Nehemiah 4:13-14)

REALife Application

These talking points, questions, and scriptures are designed to help you take the next step.

Icebreaker:

- Which is better: early morning or late night? In other words, are you an early morning person, or a late night person?

Read these additional one handful Bible verses:

Proverbs 17:1, Ecclesiastes 6:9, and Proverbs 15:16.

Better Questions:

- Define the top one or two things that are most important to you. Explain why.
- What is it that you need to let go of so you can fight for what matters? How can you cut back? What can you throw out or turn off?

Here are a few additional questions to consider:

- Describe a time when you simplified or downsized something in your life. How did that impact you?
- How different do you think your life would be if you focused on living with just one handful instead of two?
- What do you think will be the hardest part of cutting back, throwing out, and turning off those things that don't really matter?

Current Series: Better

Better is One Handful_Part2-by Pastor Jesse Elizondo (1/12/14).

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